

TCC School Curriculum links:

PERSONAL AND SOCIAL CAPABILITY Year 6

Self- awareness and management

Development of resilience

- Reflect on how personal strengths have assisted in achieving success at home, at school or in the community
- Describe what it means to be confident, adaptable and persistent and why these attributes are important in dealing with new or challenging situations

Social awareness and management

Relationships and diversity

- Explore and discuss behaviours that demonstrate sensitivity to individual, social and cultural differences
- Describe the characteristics of respectful relationships and suggest ways that respectful relationships can be achieved
- Define and recognise examples of stereotypes, discrimination and prejudice and discuss how they impact on the individual

HEALTH AND PHYSICAL EDUCATION

Being healthy, safe and active

- Investigate resources to manage changes and transitions associated with puberty
- Investigate community resources and strategies to seek help about health, safety and wellbeing
- Plan and practise strategies to promote health, safety and wellbeing

Communication and interacting for health and wellbeing

- Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours

Contributing to healthy and active communities

- Investigate how celebrating similarities and differences can strengthen communities
- Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities

Communication and interacting for health and wellbeing

- Practise skills to establish and manage relationships
- Examine the influence of emotional responses on behaviour, relationships, health and wellbeing
- Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours